



New Thought Right Action
Life and fulfillment coach with Brenda Henning

Hope 101 - Zoom Webinar

Class size limited to 15 people.



Hold
On the
Pandemic will
End



“Don't quit 5 minutes before the miracle happens.”

This pandemic has affected all of us. This 60-minute Zoom coaching event is designed for those of us who want to learn an integrative approach to coping with stress, anxiety, depression, or insomnia related to the challenges we've faced since February.

Connect with others who are experiencing the same challenges as you are. Let's talk about it and share some solutions.

IF YOU ARE INTERESTED IN PARTICIPATING THE NEXT TIME THIS CLASS IS OFFERED, PLEASE EMAIL:

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